



Mental Health Shared Care Program Information for Clients

For further information please
Contact the Mental Health Team

GP Partners Adelaide

Ph: 8112 1100

Fax: 8227 2220

www.gppadelaide.org.au



Please note: Emergency Contacts

- ASIC 13 14 65 (24 Hours)
- Crisis Care 13 16 11

GP partners ADELAIDE

First Floor, 120 Hutt Street, Adelaide SA 5000

PO Box 7293 Hutt Street SA 5000

Phone 08 8112 1100 Fax 08 8227 2220

Email info@gppadelaide.org.au

www.gppadelaide.org.au



Referral Process

Your treating doctor will
Complete a Mental Health Care Plan

Referral Form will be sent to GP partners Adelaide

GP partners Adelaide staff will make
an appointment with you

Benefits to You

- Free mental health service
- Uncapped sessions
- Improved physical and mental health
- Assessment and ongoing treatment
- Connect to community service providers and resources



What Does the Service Entail

- Specialist mental health assessment for patients with a mental illness
- Regular intervention and review
- Provision of evidenced-based treatment modalities
- Education regarding managing illness and relapse prevention strategies
- Collaborative approach, consultation and advice on ongoing management
- Link to local community supports as required
- Regular feedback to GP's regarding patient progress and management

Mental Health Shared Care Clinicians

The Mental Health Shared Care team consists of mental health clinicians that have backgrounds in psychology, social work and mental health nurses. All clinicians are experienced in the delivery of specialised mental health treatment, and service delivery can take place either at your GP practice or at the central location of GP partners Adelaide Consulting Room, Hutt Street Adelaide.

Collectively the team have significant experience and skill in working effectively with people who have chronic and complex mental health issues and co-morbidities. This is based on sound knowledge of evidence based treatment and have developed strong relationships with community networks.

