

GP partners Adelaide

Chronic Disease Prevention and Management Referral Pathways

Developed in collaboration with **Adelaide North East Division of General Practice** and **Adelaide Northern Division of General Practice**. Current as at January 2011.

Type 2 Diabetes

Coronary Heart Disease

Asthma and COPD

Arthritis and Osteoporosis

SCREENING

MBS ITEMS

GP REFERRAL/MANAGEMENT

INTERMEDIATE RISK

General consultation item
Health Assessment Items **701, 703, 705, 707**
Indigenous Health Check Item **715**

Lifescrpts
Tools to assist GPs to undertake assessment and provide advice to patients on Smoking, Nutrition, Alcohol, Physical Activity, Weight and referral to support services. Contact GPpA for further information. **Ph: 8112 1100**

HELP Health Eating & Lifestyle Program
See details under Self Management

AUSDRISK score of 6 to 11

HIGH RISK

Consider MBS items above and:

Type 2 Diabetes Risk Evaluation for a 40-49 year old (Item **701-707**)

Options above and the following:

Reset Your Life (Lifestyle Modification Program)
GROUP PROGRAM, **FREE of charge, delivered by GP partners Adelaide**
Program includes seven sessions over 6 months. Eligible patients are aged 40-49 yrs and score 12 or higher on the AUSDRISK tool. Delivered at GP partners Adelaide, send/fax referral form to GPpA. **Ph: 8112 1100 Fax: 8227 2220**

Do It For Life
1:1 PROGRAM, **FREE of charge**. Eligible patients are aged 18+ years, with an AUSDRISK score of 12 or higher and at least one SNAPS risk factor.
Complete referral form and send to: **Ph: 1300 040 715 Fax: 8263 7144**

AUSDRISK score of 12 or above

TYPE 2 DIABETES DIAGNOSED

General consultation item
Item **721** GPMP
732 Review GPMP

Item **723** TCA
732 Review TCA

Item **10997**
Chronic Disease service provided by PN/AHW on behalf of the GP

Items **2517-2635**
SIP Diabetes Annual Cycle of Care

Item **900**
Home Medicines Review

Item **903**
Residential Medication Management Review

Community Lifestyle Packages
1:1 SUPPORT, **FREE**. Patient receives support for up to 16 weeks to develop self-management skills and strategies to manage their chronic condition.
Send referral to ACH group **Ph: 1300 300 811 Fax: 8357 3255**

RAH Diabetes Centre
Diabetes service for GP referred patients with complex diabetes management issues. **Ph: 8222 5111 Fax: 8222 4265**

Burnside Hospital Diabetes Centre
Diabetes educators, podiatrist and dietitian, offering 1:1 education. Patients with private health insurance and hospitals cover (small gap). GP referral (no specific form required). **Ph: 8332 4844**

Individual Allied Health Services under Medicare
Patients with a GPMP and TCA can receive a Medicare rebate for 1:1 services provided by eligible, private allied health professionals.

Group Services under Medicare for Type 2 Diabetes
Patients with type 2 diabetes, who have a GPMP can receive a rebate for GROUP services provided by eligible diabetes educators, exercise physiologists & dietitians.

Home Medicines Review
GP refers to community pharmacy for HMR, discusses results with pharmacist and develops written medication management plan with the patient. (MBS item 900) Contact GPpA for further information. **Ph: 8112 1100**

Life Care Chronic Disease Self-Management Coaching
Life Care Community Lifestyle Centre, Payneham. Low cost, individual coaching in self-management strategies using the Flinders Approach in collaboration with other health care professionals. GP referral/approval required. **Ph: 8336 2488**

SELF REFERRAL/MANAGEMENT

AT RISK OR DIAGNOSED

HELP Health Eating & Lifestyle Program
6 WEEK GROUP PROGRAM, **FREE**. Conducted by Dietitians at Parks Community Centre at Angle Park and GP Plus Super Clinic Modbury. All people aged 18+ who would benefit. No GP referral required. **Ph: 7425 8700**

Quitline
PHONE SUPPORT/1:1, 24 hours a day. 12-week program of proactive call backs offered **Ph: 13 78 48**

Heart Foundation Walking
COMMUNITY-BASED WALKING GROUPS, **FREE**, held at various locations led by volunteer Walk Organisers. To locate groups **Ph: 1300 362 787**

Become Active in the Central East
Physical activity service directory. Available from www.activeageingsa.net.au/resource.html

Strength for Life
COTA SA, GROUP FITNESS PROGRAM >50yrs, delivered by various accredited fitness providers. Low cost. Medical clearance required. To locate **Ph: 8232 0422**

Lift for Life
STRENGTH TRAINING PROGRAM for people with or at risk of type 2 diabetes, delivered by EFM Health Clubs (cost involved). GP approval to participate form. **Ph: 1300 733 143**

Local Council health & fitness programs
Contact your local council for details of local activities.

DIAGNOSED

Options above and the following:

Moving Towards Wellness
GROUP Chronic Disease Self-Management Course (Stanford Model). Delivered by Diabetes SA at various locations. Contact Barbara Tiver for further information. **Ph: 8354 5805**

Diabetes SA
Information, support, education and exercise classes. Infoline **Ph: 1300 136 588** www.diabetessa.org.au

Diabetes Counselling Online
Free online counselling www.diabetescounselling.com.au

Chronic Disease Self-Management Coaching
Life Care Community Lifestyle Centre, Payneham. *See details under GP Referral/Management.* **Ph: 8336 2488**

RESOURCES

PREVENTION

Guidelines for preventive activities in general practice 7th edn (Red Book)
www.racgp.org.au/guidelines/redbook
Measure Up— campaign website with healthy lifestyle advice www.measureup.gov.au

TYPE 2 DIABETES

Diabetes Management in General Practice 2008/09 booklet - Guidelines for Type 2 Diabetes. Available from **RACGP website:**
www.racgp.org.au/guidelines/diabetes

Diabetes Australia Ph: 1300 136 588
www.diabetesaustralia.com.au

Diabetes SA Ph: 8234 1977
www.diabetessa.com.au

National Diabetes Service Scheme (NDSS)
www.ndss.com.au

Australian Diabetes Society
www.racp.edu.au/ads/posstate.htm

Diabetes Outreach www.diabetesoutreach.org

National Prescribing Service (NPS) www.nps.org.au
Consumers Medicines Line **Ph: 1300 888 763**

Health Insite - Health information site
www.healthinsite.gov.au

MEDICARE

Department of Health & Ageing—MBS Primary Care Items
www.health.gov.au/mbsprimarycareitems

Medicare Benefits Schedule Online
www.health.gov.au/mbsonline

ALLIED HEALTH

Find a Diabetes Educator—Australian Diabetes Educators Association
www.adea.com.au

Find an Accredited Practising Dietitian —
www.daa.asn.au

Find an Exercise Physiologist — www.aeess.com.au

Find a Podiatrist — www.findapodiatrist.org

Human Services Finder www.hsfinder.sa.gov.au

Health Provider Registry
www.healthproviders.com.au

SCREENING

MBS ITEMS

GP REFERRAL/MANAGEMENT

SELF REFERRAL/MANAGEMENT

RESOURCES

AT RISK

Australian Absolute Cardiovascular Disease Risk Calculator
www.cvdcheck.org.au

Absolute cardiovascular disease risk assessment—Quick reference guide for health professionals.
Includes Australian Cardiovascular Risk Charts.
Available from the Heart Foundation website

CHD DIAGNOSED

General consultation item

Health Assessment Items 701, 703, 705, 707

Indigenous Health Check Item 715

Item 11700 ECG

Item 11702 ECG (tracing only)

General consultation item

Item 721 GPMP
732 Review GPMP

Item 723 TCA
732 Review TCA

Item 10997
Chronic Disease service provided by PN/AHW on behalf of the GP

Item 900
Home Medicines Review

Item 903
Residential Medication Management Review

Item 11700 ECG

Item 11702 ECG (tracing only)

Lifescrpts
Tools to assist GPs to undertake assessment and provide advice to patients on Smoking, Nutrition, Alcohol, Physical Activity, Weight and referral to support services. Contact GPpA for further information. **Ph: 8112 1100**

Reset Your Life (Lifestyle Modification Program)
GROUP PROGRAM, **FREE of charge, delivered by GP partners Adelaide.** Program includes 7 sessions held over 6 months. Focus on type 2 diabetes prevention, includes information on preventing cardiovascular disease. Eligible patients are aged 40-49 yrs and score 12 or higher on the AUSDRISK tool. Fax referral form to GPpA **Fax 8227 2220.**

Do It For Life
1:1 PROGRAM, **FREE of charge.** Eligible patients are aged 18+ years, with an AUSDRISK score of 12 or higher and at least one SNAPS risk factor. Send referral form to: **Ph: 1300 040 715 Fax: 8263 7144**

HELP Healthy Eating & Lifestyle Program See under Self Management

CARDIAC REHABILITATION

Royal Adelaide Hospital — “Heart Health” Programme
FREE six week multidisciplinary cardiac rehabilitation program, with weekly sessions of 2 hours duration including information and exercise. **Ph: 8222 4000**

Calvary College Grove Rehabilitation Hospital
12 session cardiac rehabilitation program including education & exercise, delivered over 6 weeks by a team of health professionals. **Cost covered by most major health funds.** Hospital staff will check with health fund and notify patient of any cost involved. **Ph: 8344 1430**

Call the **Heart Foundation** to locate other Cardiac Rehabilitation Programs
Ph: 1300 362 787

MANAGEMENT

Community Lifestyle Packages
1:1 PROGRAM, **FREE, delivered by ACH Group.** Patient receives support for up to 16 weeks to develop self-management skills and strategies to manage their chronic condition. Referral form required. **Ph: 1300 300 811 Fax: 8357 3255**

Individual Allied Health Services under Medicare
Patients with a GPMP and TCA can receive a **Medicare rebate** for 1:1 services provided by eligible, private allied health professionals.
For further information or to locate allied health professionals see Resources

Home Medicines Review
GP refers to community pharmacy for HMR, discusses results with pharmacist and develops written medication management plan with the patient. (MBS item 900). Contact GPpA for further information. **Ph: 8112 1100**

Life Care Chronic Disease Self-Management (CDSM) Coaching
Life Care Community Lifestyle Centre, Payneham. Low cost, individual coaching in self-management strategies using the Flinders Approach in collaboration with other health care professionals. GP referral/approval required. **Ph: 8336 2488**

AT RISK OR DIAGNOSED

HELP Health Eating & Lifestyle Program
6 WEEK GROUP PROGRAM, **FREE.** Conducted by Dietitians at Parks Community Centre at Angle Park and GP Plus Super Clinic Modbury. All people aged 18+ who would benefit. No GP referral required. **Ph: 7425 8700**

Heart Foundation Walking
FREE WALKING GROUPS at various locations, led by volunteer Walk Organisers. To locate groups **Ph: 1300 362 787**

Quitline
PHONE SUPPORT/1:1, 24 hours a day. A FREE 12-week program of proactive call backs is available. **Ph: 13 78 48**
www.quitsa.org.au

Strength for Life
COTA SA, GROUP FITNESS PROGRAM >50yrs, delivered by accredited fitness providers. Low cost. Medical clearance required. **Ph: 8232 0422**

Local Council health & fitness programs
Contact your local council for details of local activities.

Managing My Heart Health
A resource for people with or at high risk of CHD. *Available from the Heart Foundation*

DIAGNOSED

Options above and the following:

Heart Foundation
PHONE SUPPORT, 1:1. Call the Health Information Service
Ph: 1300 362 787 (local call cost)

Heart Moves
Low to moderate intensity exercise program suitable for people with heart problems. To locate call Heart Foundation
Ph: 1300 362 787 <http://heartmoves.heartfoundation.org.au>

Moving Towards Wellness
Chronic Disease Self-Management Course (Stanford Model). GROUP PROGRAM, various locations. Delivered by Arthritis SA **Ph: 8379 5711** and Diabetes SA **Ph: 8354 5805**

Heart Support - Australia
Support for people with a heart condition and their family/carers. **Ph: 8337 2692** www.heartnet.org.au

Life Care CDSM Coaching
Life Care Community Lifestyle Centre, Payneham. See details under GP Referral/Management. **Ph: 8336 2488**

PREVENTION

Guidelines for preventive activities in general practice 7th edn (Red Book)
www.racgp.org.au/guidelines/redbook

CORONARY HEART DISEASE

Heart Foundation
Health information service **Ph: 1300 362 787**
Adelaide office **Ph: 8224 2888**
www.heartfoundation.org.au
Heart Foundation website includes many resources for general practice including:
• GP Management Plan for CHD template. Developed by the Heart Foundation to support general practice in implementing best practice interventions.
• Heart Foundation Guidelines. Summary versions and clinical tools are also available
• Absolute risk assessment resources
• Patient resources
• Online Learning Modules

National Prescribing Service (NPS)
www.nps.org.au
Consumers Medicines Line **Ph: 1300 888 763**

Health Insite—
Health information site for consumers and health professionals www.healthinsite.gov.au

MEDICARE

Medicare Benefits Schedule Online
www.health.gov.au/mbsonline

Department of Health & Ageing—MBS Primary Care Items
www.health.gov.au/mbsprimarycareitems

ALLIED HEALTH

Find an Accredited Practising Dietitian — Dietitians Association of Australia
www.daa.asn.au

Find an Exercise Physiologist — Australian Association for Exercise and Sports Science www.aess.com.au

Human Services Finder
www.hsfinder.sa.gov.au

Health Provider Registry
www.healthproviders.com.au

SCREENING

MBS ITEMS

GP REFERRAL/MANAGEMENT

SELF REFERRAL/MANAGEMENT

RESOURCES

AT RISK

- General consultation item** **Quitline**
PHONE SUPPORT for quitting smoking, INFORMATION including QUIT packs, 12 WEEK PROGRAM OF PROACTIVE CALLBACKS. Ph: **13 78 48** www.quitsa.org.au
- Health Assessment Items 701, 703, 705, 707**
- Indigenous Health Check Item 715**
Tools to assist GPs to undertake assessment and provide advice to patients on Smoking, Nutrition, Alcohol, Physical Activity, Weight and referral to support services. Contact GP partners Adelaide (GPPA) for further information. Ph: **8112 1100**
- Item 10986**
Healthy Kids Check by a Practice Nurse
- Item 11506**
Measurement of Respiratory Function
- Do It For Life program**
1:1 PROGRAM, **FREE of charge**. Eligible patients are aged 18+ years, with an AUSDRISK score of 12 or higher and at least one SNAPS risk factor. Ph: **1300 040 715**
- HELP Health Eating & Lifestyle Program** See under Self Management

ASTHMA OR COPD DIAGNOSED

- General consultation item**
- Item 721** GPMP
732 Review GPMP
- Item 723** TCA
732 Review TCA
- Item 10997**
Chronic Disease service provided by PN/AHW on behalf of the GP
- Item 900**
Home Medicine Review
- Item 903**
Residential Medication Management Review
- Item 11506**
Measurement of Respiratory Function

PULMONARY REHABILITATION

- Calvary College Grove Rehabilitation Hospital**
Weekly sessions delivered by multidisciplinary team, covering all aspects of respiratory disease and its management. **Cost covered by most major health funds**. Ph: **8344 1430**
- Royal Adelaide Hospital**
An exercise and education program for people with chronic lung conditions, consisting of two sessions each week for approximately 8 weeks. Program held at the Hampstead Campus in Northfield. **FREE of charge**. Ph: **8222 4000**
- Respiratory Physio**
Respiratory Physiotherapy to assist patients to manage lung conditions including Asthma and COPD. Pulmonary Rehabilitation Program offered. Hazelwood Park. Ph: 8364 3706
- Call **The Australian Lung Foundation** to locate other providers Ph: **1800 654 301**

ACTION PLANS

- COPD Action Plan (The Australian Lung Foundation)**
Can be downloaded from www.lungfoundation.com.au/content/view/165/164/
- Asthma Action Plan for Children and Young People**
Online Asthma Action Plan creator www.wch.sa.gov.au/digital_media/public/asthma
- Asthma Action Plans (National Asthma Council Australia)**
Written Asthma Action Plan templates are available from National Asthma council Australia website at www.nationalasthma.org.au/content/view/249/639/

ALLIED HEALTH

- Individual Allied Health Services under Medicare**
1:1 services provided by eligible, private allied health professional for patients with a GPMP and TCA. *For further information see under Resources- Medicare*
- Home Medicines Review**
GP refers to community pharmacy for HMR, discusses results with pharmacist and develops written medication management plan with the patient. (MBS item 900) Contact GPPA for further information. Ph: **8112 1100**

Quitline

PHONE SUPPORT/1:1. Calls answered 24 hours a day, providing information, support and advice for quitting smoking. A free 12 week program of proactive call backs is available. Ph: **13 78 48**

Asthma Foundation of SA—

‘Live Well’ Information Sessions

GROUP INFORMATION SESSIONS held at **Asthma Foundation of SA**, including: Live Well with Asthma, Live Well with Allergy & Anaphylaxis, Live Well with Eczema, Live Well with Chronic Lung Conditions. Ph: **82380 9300**

Breathe Better Health Line

Asthma Foundation of SA, FREE telephone information service staffed by trained respiratory health educators. Ph: **1800 645 130**

The Australian Lung Foundation—

PATIENT INFORMATION & SUPPORT
Ph: **1800 654 301** www.lungfoundation.com.au

Support Groups

The Australian Lung Foundation’s **LungNet** is a network of patient support groups in Australia. Phone to locate patient support groups in your local area. Ph: **1800 654 301**

Kids with Asthma website

Interactive kid-friendly website providing asthma information. www.kidswithasthma.com.au

Lungaroos

Online support group for respiratory patients. www.health.groups.yahoo.com/group/lungaroos/

Moving Towards Wellness

Chronic Disease Self-Management Course (Stanford Model). GROUP PROGRAM, various locations. Delivered by Arthritis SA Ph: **8379 5711** and Diabetes SA Ph: **8354 5805**

Asthma Education Sessions at WCH

Asthma education sessions are delivered at Women’s & Children’s Hospital. Phone for details of sessions and bookings. Ph: **8161 7234**

HELP Healthy Eating & Lifestyle Program

6 WEEK GROUP PROGRAM, **FREE**. Conducted by Dietitians at Parks Community Centre at Angle Park and GP Plus Super Clinic Modbury. All people aged 18+ who would benefit. Ph: **7425 8700**

PREVENTION

Guidelines for preventive activities in general practice 7th edn (Red Book)
www.racgp.org.au/guidelines/redbook

RESPIRATORY DISEASE

Asthma Foundation of SA www.asthmasa.org.au

The Australian Lung Foundation
Information for health professionals and patients. Ph: 1800 654 301 www.lungfoundation.com.au

The Australian and New Zealand COPD Reference Site www.copdx.org.au
The COPD-X Plan: Australian and New Zealand Guidelines for the management of COPD 2009 can be downloaded from this website.

The Thoracic Society of Australia and New Zealand
www.thoracic.org.au

National Asthma Council Australia (NAC)
www.nationalasthma.org.au

Asthma Management Handbook 2006
Available from NAC website

National Prescribing Service (NPS) www.nps.org.au
Consumers Medicines Line Ph: **1300 888 763**

Health Insite—Health information for consumers and health professionals www.healthinsite.gov.au

CLEAR Program—GP education and screening program by Medimark International. CPD points attached. Further information Ph: **0449 252 661**

MEDICARE

Medicare Benefits Schedule Online
www.health.gov.au/mbsonline

Department of Health and Ageing
www.health.gov.au/mbsprimarycareitems

ALLIED HEALTH

Find an Exercise Physiologist www.aeess.com.au

Find a Physiotherapist www.physiotherapy.asn.au

Find a Dietitian www.daa.asn.au

Human Services Finder
www.hsfinder.sa.gov.au

Health Provider Registry
www.healthproviders.com.au

SCREENING

AT RISK

Fracture risk calculators are available from Osteoporosis Australia website:

www.osteoporosis.org.au

ARTHRITIS OR OSTEOPOROSIS

MBS ITEMS

General consultation item

Health Assessment Items

701—Brief <30min
703—Standard 30-45min
705—Long 45-60 min
707—Prolonged >60min

Indigenous Health Check Item 715

General consultation item

Item 721 GPMP
732 Review GPMP

Item 723 TCA
732 Review TCA

Item 10997
Chronic Disease service provided by PN/AHW on behalf of the GP

Item 900
Home Medicine Review

Item 903
Residential Medication Management Review

GP REFERRAL/MANAGEMENT

Lifescrpts

Tools to assist GPs to undertake assessment and provide advice to patients on Smoking, Nutrition, Alcohol, Physical Activity, Weight and referral to support services. Contact GP partners Adelaide (GPPA) for further information. Ph: 8112 1100

Do It For Life Program

1:1 PROGRAM, FREE of charge. Eligible patients are aged 18+ years, with an AUSDRISK score of 12 or higher and at least one SNAPS risk factor. Send referral form to:
Ph: 1300 040 715 Fax: 8263 7144

HELP Health Eating & Lifestyle Program

See information under Self Management

Individual Allied Health Services under Medicare

Patients with a GPMP and TCA can receive a Medicare rebate for 1:1 services provided by eligible, private allied health professionals. For further information or to locate allied health professionals see Resources

Home Medicines Review

GP assesses medication management needs, refers to community pharmacy for HMR, discusses results with reviewing pharmacist and develops written medication management plan following discussion with the patient. MBS item 900. Contact GPPA for further information. Ph: 8112 1100

CNAHS Falls Assessment Clinics

Specialised multidisciplinary assessments by a geriatrician, occupational therapist, physiotherapist and nurse. Falls risk factors are identified and recommendations are made. Service is FREE of charge. Referral form can be downloaded from GP partners Adelaide website or contact CNAHS Falls Prevention Team. Ph: 1300 0 FALLS (1300 032 557) Fax: 1300 467 567

CNAHS Day Therapy Centres

Commonwealth-funded facilities providing services such as Falls Prevention, physiotherapy, occupational therapy, speech therapy, social work and podiatry to aged people 60 years and over who are living in the community. CNAHS Day Therapy Centre Referral Form that includes a list of local providers can be downloaded from GP partners Adelaide website under Resources at www.gppadelaide.org.au/Resources/tabid/311/Default.aspx

Falls Prevention Service Directory for CNAHS

This resource is available from the Falls Prevention in SA website. Also available from the site is a Referral Guide for Falls Prevention Services, a Professional Service Directory for Falls Prevention in the SA Metropolitan Region and patient education brochures. www.fallssa.com.au

SELF REFERRAL/MANAGEMENT

AT RISK

HELP Health Eating and Lifestyle Program

6 WEEK GROUP PROGRAM, FREE. Conducted by Dietitians at Parks Community Centre at Angle Park and GP Plus Super Clinic Modbury. All people aged 18+ who would benefit. No GP referral required. Ph: 7425 8700

Strength for Life

COTA SA, GROUP FITNESS >50yrs, various locations. Medical clearance required. Ph: 8232 0422

Heart Foundation Walking

FREE WALKING GROUPS, various locations. Ph: 1300 362 787

Council health & fitness programs

Contact your local council for details of local activities, clubs and events.

DIAGNOSED

Options above and the following:

Arthritis SA and Osteoporosis SA—

www.arthritissa.org.au
Arthritis SA Ph: 8379 5711
Osteoporosis SA Ph: 8379 5345
Services include:

Moving Towards Wellness

Chronic Disease Self-Management Course (Stanford Model). 6 WEEK, GROUP PROGRAM, various locations. Call Arthritis SA for details.

Support Groups

Information, education and support for people with a range of musculoskeletal conditions.

Tai Chi for Arthritis

Call Arthritis SA for details. Cost involved.

Bones on the Move Exercise Classes

Call Osteoporosis SA for details. Cost involved.

Telephone Advisory Service

Support and information on arthritis conditions. Ph: 8379 5711 Available 9.30am—3.30pm, Mon to Fri

Osteoporosis SA Helpline

Trained advisors respond to community enquiries about osteoporosis. Ph: 8379 5345

Disability SA—Independent Living Centre

Information and advice on equipment and techniques to assist with everyday tasks. Services are free of charge. Ph: 1300 885 886 www.disability.sa.gov.au

RESOURCES

PREVENTION

Guidelines for preventive activities in general practice 7th edn (Red Book)

www.racgp.org.au/guidelines/redbook

Measure Up— campaign website with healthy lifestyle advice www.measureup.gov.au

ARTHRITIS AND OSTEOPOROSIS

Arthritis SA and Osteoporosis SA

www.arthritissa.org.au

Arthritis Australia

Website includes patient information sheets and booklets that can be downloaded or ordered. www.arthritisaustralia.com.au

Osteoporosis Australia www.osteoporosis.org.au

Guides for GPs are available from the Osteoporosis Australia website including:

- Calcium, Vitamin D and Osteoporosis New Guide for GPs (2008)
- Preventing the next fracture GP guide (2008)
- Exercise and fracture prevention GP guide

National Prescribing Service (NPS) www.nps.org.au

Consumers Medicines Line Ph: 1300 888 763

Health Insite—Health information site for consumers and health professionals www.healthinsite.gov.au

MEDICARE

Medicare Benefits Schedule Online

www.health.gov.au/mbsonline

Department of Health and Ageing—MBS Primary Care Items

www.health.gov.au/mbsprimarycareitems

ALLIED HEALTH

Find an Exercise Physiologist www.aeess.com.au

Find a Physiotherapist www.physiotherapy.asn.au

Find an Occupational Therapist www.otsa.org.au

Find an Osteopath www.osteopathic.com.au

Find a Chiropractor www.chiropractors.asn.au

Find an Accredited Practising Dietitian www.daa.asn.au

Human Services Finder www.hsfinder.sa.gov.au

Health Provider Registry www.healthproviders.com.au