

National Perinatal Depression Initiative

Perinatal Mental Health Training Session

Presented by Perinatal & Infant Mental Health / GP Shared Care

In collaboration with the National Perinatal Depression Initiative

- > **FREE FULL DAY session** - includes 'Feeling Attached' training manual & light lunch/ refreshments
- > **19th March 2012, 9am to 4.30pm**
- > **Venue – Women's and Children's Hospital, North Adelaide**
- > Suitable for Allied Health Professionals, GP's, Mental Health Staff, Midwives, NGO's, Obstetricians, Drug & Alcohol Services, Private & Public sector Health Care Professionals whose work entails recognising or responding to mental health needs of antenatal or postnatal women

Content can include:

Overview of Perinatal Mental Health Disorders

- Via e-learning module to be completed prior to face-to-face session

Domestic Violence & Trauma

- Impact on child development

Attachment/Bonding

- Overview
- Impact on Mother and Infant Relationship

Overview of Medication in the Perinatal Period

Assessment

- Edinburgh Depression Scale
- Psychosocial Risk Assessment

Case Study & Discussion

- Local referral pathways

To book a place please email the attached enrolment form to:

Tammy Little
Mental Health Unit
SA Health

Telephone: 08 8226 6241

[Email: Tammy.Little@health.sa.gov.au](mailto:Tammy.Little@health.sa.gov.au)

SA Health NPDI Training Enrolment Form

Please TYPE your details on this form. Course Details:

Name of course	Perinatal Mental Health Training Session		
Date of course		Venue	
Activity Number <i>(if relevant)</i>			

Details

Name		Job Title	
Phone		Fax	
GP QA Number <i>(if relevant)</i>			
Organisation/Agency			
Department/Team			
Discipline			
Work Address			
Postal Address			
Email Address – <i>A valid email address is required</i>			
Dietary / Special Requirements			
Do you have any other relevant jobs?			
Would you like your contact details added to the NPDI mailing list to keep you informed of further training and information relating to the NPDI project?	YES or NO		

Notes:

- > This session is provided free of charge to attendees. It is funded by SA Health National Perinatal Depression Initiative.
- > An Active email address is required for parts of the training session & information dissemination, your email address supplied above will need to be checked prior to the session for update information.
- > It is the responsibility of all attendees to ensure that authorisation for attendance is provided by their team leader/manager if relevant.
- > **1 'Feeling Attached' training folder will be provided free of charge to each service / work place. If you are attending with a colleague from the same service and have access to shared work space, please only take 1 folder.**
- > As part of the evaluation of the National Perinatal Depression Initiative you will be asked to participate in brief surveys. Your participation is valuable to help ensure that funding for the Initiative can be directed as best as possible and any gaps identified. Results will be collated and no personal details will be disclosed as part of reporting requirements to the Commonwealth or other relevant bodies.

If you can not attend please notify us as early as possible. Non attendance fees will apply to cover costs, if no notification is given.

